



## **OSHA 2026 COMPLIANCE CHECKLIST**

Use this checklist to ensure your workplace meets OSHA's most critical safety regulations.

Covers: Fall Protection, HazCom, Ladders, Scaffolds, Silica, Heat Safety, and Recordkeeping.

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### **GENERAL COMPLIANCE**

| Requirement   | Status<br>(✓/✗) | Notes |
|---|-----------------|-------|
| General Duty Clause is acknowledged and implemented               |                 |       |
| Emergency action plan is in place and reviewed                    |                 |       |
| All workers are trained on basic OSHA rights and responsibilities |                 |       |
| Safety programs are documented and accessible                     |                 |       |

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## **FALL PROTECTION (1926.501)**

| <b>Requirement</b>  | <b>Status<br/>(✓/✗)</b> | <b>No<br/>tes</b> |
|---|-------------------------|-------------------|
| Fall protection used at 6+ ft in construction / 4+ ft in general industry |                         |                   |
| Full-body harnesses are used and inspected before each use                |                         |                   |
| Anchors are rated for 5,000 lbs per user                                  |                         |                   |
| Connectors (lanyards, lifelines) are present and in good condition        |                         |                   |
| Training on fall protection systems is up-to-date                         |                         |                   |

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## **HAZARD COMMUNICATION (1910.1200)**

| <b>Requirement</b>  | <b>Status<br/>(✓/✗)</b> | <b>No<br/>tes</b> |
|---|-------------------------|-------------------|
| Written HazCom program is maintained                                |                         |                   |
| All hazardous chemicals have GHS-compliant labels                   |                         |                   |
| Safety Data Sheets (SDSs) are available and accessible to employees |                         |                   |

HazCom training is provided at initial assignment and when new hazards are introduced

Chemical inventory list is current

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### **LADDERS (1926.1053 / 1910.23)**

| Requirement  | Status<br>(✓/✗) | Notes |
|--|-----------------|-------|
| Ladders are inspected before use                         |                 |       |
| Defective ladders are tagged and removed from service    |                 |       |
| Non-self-supporting ladders follow the 4-to-1 setup rule |                 |       |
| Side rails extend 3 feet above the landing surface       |                 |       |

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### **SCAFFOLDING (1926.451)**

| Requirement  | Status<br>(✓/✗) | Notes |
|--|-----------------|-------|
| Scaffold capacity meets or exceeds load requirements (4x intended load + own weight) |                 |       |

Fall protection in place for scaffolds over 10 feet

Guardrails or PFAS are used where required

Scaffold inspected by a competent person before each shift

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### **SILICA SAFETY (1926.1153 / 1910.1053)**

| Requirement   | Status<br>(✓/✗) | Notes |
|---|-----------------|-------|
| Written exposure control plan is in place                       |                 |       |
| Engineering controls are used (ventilation, wet methods)        |                 |       |
| Appropriate respiratory protection provided (N95 or higher APF) |                 |       |
| Silica training provided to exposed employees                   |                 |       |

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### **HEAT ILLNESS PREVENTION (Proposed)**

| Requirement  | Status<br>(✓/✗) | Notes |
|--|-----------------|-------|
| Water, shade, and rest breaks available in hot conditions  |                 |       |
| Supervisors monitor heat index and symptoms of heat stress |                 |       |
| Workers are trained to recognize heat-related illnesses    |                 |       |
| Cooling PPE (vests, bandanas) available as needed          |                 |       |



## RECORDKEEPING (1904)

| Requirement  | Status<br>(✓/✗) | Notes |
|--|-----------------|-------|
| OSHA 300, 300A, and 301 logs are current                 |                 |       |
| Required injury/illness data submitted electronically    |                 |       |
| Logs are reviewed and posted annually (Feb–Apr)          |                 |       |
| Supervisors trained in proper injury reporting protocols |                 |       |



## PPE AND TRAINING

| Requirement  | Status<br>(✓/✗) | Notes |
|--|-----------------|-------|
| PPE is selected based on hazards and inspected regularly     |                 |       |
| Employees trained on correct PPE use                         |                 |       |
| Hard hats, gloves, goggles, and footwear meet ANSI standards |                 |       |
| Fit testing completed for required respirators               |                 |       |

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